



Rowing Stage 1

I can assist in the launching of a small punt.

The Scout should assist in the launching in an age appropriate way. The scout should be aware of the need to be careful around water.

I know about the 'Buddy' system.

The Scout should be able to talk about the buddy system and explain how and why it is used when in the water.

I know the importance of a Personal Flotation Device.

The Scout should know that wearing a personal floatation device is important around water and how they should not go near any boat without first having a personal flotation device on them.

I know the correct clothing to wear when going afloat.

The Scout should be able to show footwear and layers of light clothing suitable for boating. A windproof jacket of some sort should also be worn.

I can row a small punt.

Depending on the age of the Scout it may be considered prudent to have a competent person in the boat too. The Scout should be able to propel the punt with some directional control.

I can point out the bow, stern, transom, bowline, rudder, oar, port and starboard of a boat.

The Scout should be able to name the parts when pointed to and point to the named parts.

I know how to contact the emergency services.

The Scout should know the emergency number 112 (or 999) and say what kind of help is needed (Garda / Police, Lifeboat, Ambulance, Fire Brigade, Coast Guard, Mountain Rescue).

I know why it is important to stay with a capsized boat.

A capsized boat is easier to see in the water than a head and the hull will help you stay afloat.

I know why I should follow directions from my instructor.

The Scout should understand how to behave on a boat and that there may be safety reason why an instructor doesn't have time to explain a direction in advance.

I know not go afloat if the wind is greater than Force 4.

The Scout should understand that it is unwise to go afloat if it is too windy.

I can show the limits of where I may go each time I go afloat for sailing.

A Scout should know that for safety reasons they should stay within a defined area. They should know how far they can go.

I have taken part in two half-day exercises afloat.

A half day is at least two hours on or around the water.