



## Paddling Stage 3 Assessment

- I can explain the importance of wearing the right clothing and gear while afloat**  
The Scout should be able to explain why it is important to wear the correct clothing while out on the water
- I can show how to test a raft for secure construction**  
This should include ensuring buoyancy is firmly in place and that all lashings are secure
- I know how to do CPR and place a victim in the recovery position**  
The Scout should be able to demonstrate an up-to-date CPR technique on a suitable mannequin and demonstrate how to put an adult or child in the recovery position (also known as the safe-airway position)
- I know how to make use of a paddle while on a raft**  
The Scout should know how to use a paddle while paddling a triangular course set down by their leader
- I know what to do in the case of a capsize/or raft breakup and the procedures to follow**  
The Scout should be able to explain what actions should be taken in case they end up in the water while boating and rafting.
- I know how to tie and when to use the following knots. Round turn and two half hitches, figure of eight, bowline, reef knot, clove hitch**  
The Scout should be able to tie the list of knots above. The Scout should be able to explain what the knots are for and give examples of their practical uses.
- I can tie a square lashing**  
The Scout should demonstrate how to tie a square lashing using rope and spares
- I know how and where to get the latest weather forecast for the area I will be paddling in.**  
The Scout should explain four ways of getting the most recent forecast for the area they are paddling in.
- I can make a recognised distress signal**  
The Scout should know how to signal for help when out on the water
- I know that I should follow the instructions of the person in charge of the boat**  
The Scout may be asked to explain what a charge certificate is and why it is important that the person in charge of activities afloat should be suitably qualified
- I have taken part in making a simple raft for four people**  
As part of a team build a raft and paddle it on a triangular course set out by the leader