



Hillwalking Stage 3 Assessment

I know how to treat simple cuts, scratches.

Scouts need to talk themselves through the process of treatment. This demonstration/talk can be done in a practical way on a volunteer.

- How to clean the wound
- How to reassure the casualty
- How to apply a bandage.

I know why you bring certain clothing on hikes.

A Scout needs to show an awareness of the hiking environment and display and understanding of how the weather can change very quickly.

- Explain the layering system
- Explain an outer shell.
- Explain how to control body heat and ventilation
- Explain wicking.
- Discuss the qualities of outer shell clothing.

I know the main principles of 'Leave No Trace'.

The Scout needs to know the principles and be observed in action. The Scout should be aware of his/her actions in relation to litter.

- Dispose of waste properly
- Respect farm animals and wildlife.
- Minimise camping impact and the effects of fire
- Be considerate of others.
- Travel and camp on durable surfaces
- Leave what you find.
- Plan ahead and prepare.

I know how to cross boggy ground.

The Scout needs to show an understanding of the likely terrain that can be encountered on wild countryside and hillwalking adventures. The scout should be able to explain how to cross boggy ground safely. This requirement is best undertaken on a hillwalking adventure in a suitable location.

I know how and when to use the main distress signal.

Scouts need to talk themselves through the main distress signals. This demonstration/talk can be done in a practical way on a volunteer. When to use, how to use.

I can use a compass to find direction.

The Scout will be able to display an expertise in using a compass. How to take a bearing. How to follow a bearing. How to use the compass, with a map, to assist navigation across open countryside. The Scout should be able to translate from map to landscape and vice-versa.



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I can point out the features of a map.

The Scout should be very comfortable with map reading and be able to point out key features of a map. The Scout should also display knowledge of contours and the variations of landscape and how they are displayed in contour features and lines.

Scale (including a comparison of different scale maps)

Grid references.

Contour lines.

I can be responsible for myself and aware of my surroundings while hiking.

The Scout will have attended several hillwalking adventures at this stage and will have a level of awareness and experience. The Scout should be able to display knowledge of the terrain that has been crossed on hillwalking adventures. The Scout should also be able to discuss how terrains differ and the likelihood of danger if weather conditions change.

Dangers of steep ground

Dangers of rugged (rocky) ground

Dangers of increased distance from civilizations (remoteness)

I can follow a route on an orienteering map.

The Scout should be able to follow a simple orienteering course on an orienteering map.

I have attended at least three hillwalking activities and been on the top of a mountain.

The Scout should have attended at least three hillwalking activities. These activities should be firmly based in wild countryside or hillwalking and include crossing open countryside as well as forest path or park walking. The type of hillwalking activities attended should be different to those stated in stage 1 and 2. There should be evidence of progression and hill skill. The required activities should include the arrival on top of a mountain as part of its route.