



Emergencies Stage 1 Assessment

I know what should be in my personal First Aid Kit.

Scouts need to be able to demonstrate what should be in their personal first aid kit. Be able to list items required: gloves, antiseptic wipes, triangular bandages, sticking plasters, scissors, etc. Be able to pack the personal first aid kit properly. Know where to get supplies when an item runs out.

I know the basic rules of First Aid.

The Scout should discuss the basic rules for dealing with emergencies. This can be teased out with the Scouts to see how they would react in various situations. The Scout should be comfortable with these rules and be able to recall or cite them with ease.

I know the different emergency services that are available and how and when to call them.

Scouts need to be aware of the emergency services available in different situations and how to get in contact with them. This can be simulated in the Scout Den as practice. Know the emergency services available and when to call them (e.g. Garda / Police, Lifeboat, Ambulance, Fire Brigade, Coast Guard, Mountain Rescue). The emergency telephone numbers. Radioing from a vessel on the water. What to do when talking to an Emergency Operator.

I know how to use the 'Buddy' system.

Scouts should be aware of the "buddy" system and put this into practice. Why the buddy system is important. How to put the buddy system into practice.

I can treat minor cuts, bruises and remove splinters.

Scouts should be able to deal with simple cuts, bruises and sprains and demonstrate this ability in a simulated environment.

I can get help and make a report properly if someone is hurt.

Scouts should be able to say how they might keep calm, don't panic and seek help immediately. They should also be able to explain to someone in a clear way what has happened.

I can be responsible for my own health and safety.

With the skills and knowledge above the Scout should now be able to take care of themselves while Scouting and know how to get help in times of difficulty.

- Possess the skills required to be safe at all times.
- Possess the knowledge required to always be healthy.
- How to get assistance if required.