



Camping Stage 2 Assessment



I know about the food pyramid and can discuss it with a Scouter.

The Scout should show knowledge in the creation of a basic menu with reference to the food pyramid.

- What food forms the bottom layer of the pyramid.
- What foods forms the mid sections of the pyramid.
- What food forms the top layer.
- List the best food to choose from each layer.

I know about safe food storage and hygiene

Scouts should show an understanding of the differences between camp and home and how it can affect the storage of food.

- They should also be capable of demonstrating how to store food in a safe manner.
- That food is prepared without electrical household appliances and gadgets.
- That food is more likely to be exposed to flies and insects and stored in containers.
- That food needs to be cooked properly.

I can get a weather forecast

The Scout should be aware of where they can obtain a weather forecast (newspaper, radio/TV, website) and how it might impact on the plans for the camp.

I can help prepare food for cooking on camp

Scouts should be able to show in a practical way how food is prepared for cooking. This can be done as part of a cooking team or assisting a more experienced cook. How to clean food. How to prepare food properly.

I know how I would get help if someone is hurt

The Scout needs to show an ability to recognise that someone is hurt badly and needs help. The Scout should also know how to get help and by what means.

How to discover that someone is hurt

How to compare injured parts with uninjured parts

Methods of getting help

Methods of caring for someone that is hurt



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I know how to behave safely around fires

The Scouts should show an understanding of the dangers of fire and how to behave around fires.

Do not play around a fire

Do not poke a fire

Keep a safe distance from the fire

Obey the instructions of the fire tender.

I can demonstrate my understanding of the fire triangle

The Scout should discuss the qualities of each part of the fire triangle and demonstrate on a fire the effect of each element if it is removed from the triangle.

I know how to be safe while cooking

The necessity to prepare and cook a meal will involve the Scout in situations where care and attention are required.

The rules and use of knives

Lifting hot liquids, foods from a cooking stove or the fire

Scouts should be able to demonstrate and talk through the safety processes

I understand why I should follow directions from an instructor

The Scout should know about the importance of listening to the instructor so that they are aware of what to do and the dangers of doing things that they don't fully understand

I have spent at least two nights on camp (outside)

Scouts need to have camped under canvas for at least two night to be in a position to understand the answers they may have provided to fulfil the requirements of this badge.